

The Digest

THIRD DISTRICT FEDERATED GARDEN CLUBS OF NYS, INC.



AUGUST 2015

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Editor's Note

Although I work full-time, I am an active member of my club. I can't attend most meetings, but I stay in close touch with what my club does. The meetings that I can attend are very interesting to me and I have scheduled days off of work to go on field trips or meetings that appeal to me or work with my schedule. I think that our clubs need to think about this when they want to recruit new members, especially those that work. Can your club schedule a few meetings on a Saturday or in the evening? I think in this ever-changing world, it is important to think about getting new members who work, to join our clubs.

One idea that our club does is involving our library with lining up guest speakers, who are authors, to give a talk. This is a great way to get new people who don't know about garden clubs to learn more about what we do.

In this issue of *The Digest*, you will read about some great programs that our clubs offer, a very interesting field trip to Naumkeag that sounds wonderful, and most importantly, we are hosting the FGCNYS right in our backyard! You must attend this event as it will provide you with a sense of what it means to be a garden club in our state. And for District III, we will be having a very interesting program for our Fall Meeting in October. Please attend, I know I will.

Included in this newsletter is a form for when you have a new slate of officers. Please fill this out as it enables the state, district, and county clubs to keep in touch with you and your club about what is happening.

Feel free to give me any feedback on *The Digest* and let me know if you have any ideas to make this newsletter more engaging for you.

Karin Janson, Germantown Garden Club
kjanson@aol.com

From the Director



Hello everyone!

Summer is officially here with longer days, warmer temperatures, outdoor activities, gorgeous blooming flowers, shrubs, trees, and fresh vegetables from your garden, a farm stand, or the farmers' market. It's a perfect time for planning a party or a trip.

That being said, as Director, I hosted a Garden Party in my backyard for Third District Garden Club members on June 11th during National Garden Club Week. 70-plus members

attended this delightful event, networking with other clubs, sharing ideas for various events and how to increase membership, noshing on quiche, croissant sandwiches, watermelon, chips, pickles, DeNola's famous punch, a cupcake peony creation, lemon squares, and blueberry bars. All enjoyed music in the background and a flower word-find. And of course beautiful table settings with fresh flowers, laughter, and "Thank you for having us, this was so much fun and nice!"

Two days before the Garden Party, I attended the Summer Board Meeting in Guilderland. Among the many items discussed, there are three or four dates and events I would like you to remember and hopefully attend.

First, the Fall State Meeting at the Grand Hotel in Poughkeepsie, NY will be held September 28 and 29, 2015. A State Meeting in our District, basically in "our backyard" for you to enjoy wonderful speakers, a yummy lunch, meet and/or rekindle new/old friends and just have FUN! Shopping, too, will be available from vendors. If you haven't received a flyer for this meeting, check the State website to download it, review, complete, write a check, mail, and mark your calendar. It might be a good idea to call your colleagues/friends and remind them to join you! The registration flier is included at the end of this newsletter. (*cont. on pg 2*)



The Cossackie Garden Club in Greene County celebrated their 60th Anniversary with a luncheon at Red's Seafood Restaurant in Cossackie. I was honored to be part of it.

(Director's Message from pg 1)

Second, the Third District Fall Meeting, "Fall Floral Fantasy" will be held on October 15, 2015 at the Best Western Plus in Kingston, NY (formerly the Holiday Inn). Jeanne T. Nelson will delight us with her wonderful floral designs. Vendors, horticulture information, ways and means, benefit items, and a chance to create a mask of your own to be judged with prizes given will be on the menu. Sounds like a fabulous time and don't forget lunch with friends and updates on Awards in the District. Mask templates are included at the end of this newsletter.

Third, New York State has been chosen to be the host for the C.A.R. Convention in the fall of 2016. Yikes, stripes, it's time for more planning, fun, and did I say 'Hello' and 'Welcome to the Great State of New York!' We are honored to be the host state for the Convention. Yes, we are going to be very busy. Remember, many hands make less work. C.A.R. stands for the Central Atlantic Region which is one of seven areas in the United States divided into regions by the National Garden Clubs, Inc. This area includes New York, New Jersey, Pennsylvania, Maryland, Delaware, National Capitol area, and Ohio. More information will be forthcoming.

Fourth, the 2016 Spring State Meeting date and place haven't been finalized yet. I will let you know as soon as I am updated. What that means for us is that we can't schedule a speaker or book a restaurant for the Third District Spring Meeting until the date is known. We have been looking though at different restaurants.

The Third District is planning a "road trip" on August 20th to Naumkeag, a gilded mansion with gorgeous views and gardens, located in Stockbridge, MA. The cost is \$11.00. Lunch afterwards at the Red Lion Inn, pay at the restaurant. Call Renee Benenati, 518-758-7789 to make a reservation by August 14. Mail your check to her at PO Box 77, Kinderhook, NY 12106, payable to FGCNYS, Third District.

As Director, I have been invited to participate in many of our clubs' anniversary celebrations. What an honor! The Cocksackie Garden Club in Greene County celebrated their 60th Anniversary with a luncheon at Red's Seafood Restaurant in Cocksackie, NY. Fifteen members and guests who attended enjoyed a delicious luncheon and shared wonderful memories. The Guilderland Garden Club in Albany County will host their 50th Anniversary Celebration on July 16th at the Mynderse-Frederick House in Guilderland Center. I'm looking forward to another fabulous anniversary party.

Enjoy the rest of summer; don't forget sun protective items like hats, sunglasses, sunscreen, SPF clothing, and bug spray when going to outdoor events. There are many fabulous places to visit in the Third District for a day trip or overnight. Be safe, have fun, and support the upcoming Third District events, we'd love to see you there!

Take care,

Camille McComb, Director



CAREFUL, TURTLE CROSSING!

See what can be created in an area where a large tree once stood—a turtle. Joe McComb (my husband) designed the turtle after a stump was removed in my front yard. Rocks, soil, sedum, hens and chicks, and flowering rock garden perennials were carefully placed to enhance the turtle. Wild strawberries, spreading phlox, and hosta which surround the turtle were already growing there. Many thanks to my husband!

DESIGN WORKSHOP WITH JUDGES COUNCIL

by Patricia Blundell, Judges Council Chairman

One of the FGCNYS Judges Council objectives is "to promote and sponsor flower shows, programs, and workshops relative to Standard Flower Shows." That objective was the reason our third district Judges Council instituted the idea to offer "Free Design Workshops" to our district clubs. This is done once a year, at our Fall District Meeting. Clubs who wish to participate enter the name of their club President. The name of the winning club is drawn "raffle style" at the end of the meeting.

At the October 2014 Fall District Meeting at the Lazy Swan, the winning club was the Saugerties Society of Little Gardens. Needless to say, the club was delighted. The Saugerties Society of Little Gardens members had planned to present a Flower Show in September 2015, so this was an added incentive.

The workshop was held in Saugerties on June 17, 2015. All components for creating a Traditional Line Mass Design were provided by the Judges Council. The design presentation was given by Barbara Campbell. Judges present to assist at the workshop were Erna Gundlach, Antoinette Babb, Nancy Stahl, and Patricia Blundell.

This story has a happy ending. A Small Standard Flower Show will be presented by the members of the Saugerties Society of Little Gardens on September 19, 2015, 1 p.m. to 4 p.m., at The Kiersted House, 119 Main Street, Saugerties, NY. This will be the first Flower Show the club has had since 2001!

LET'S BEE FRIENDLY GARDENERS

by Maria Kolodziej-Zincio, Greenport Garden Club

I have been a beekeeper for six years and a gardener longer than I can remember. My father kept his cottage gardens and as a little girl, I loved to smell and pick the flowers. He was a fruit farmer and every year a beekeeper would come with "these boxes" full of bees to pollinate the fruit trees. I don't ever recall hearing that bees were in danger then. I just loved to see the busy bees and eat the delicious fruits when they ripened.

A lot has changed since then. My gardening-style has refined and I grow vegetables and flowers that are bee friendly. The use of pesticides or herbicides is strictly forbidden.

Our bees are facing a worldwide danger and as gardeners we need to help them. Without them, our fruits and vegetables will not be present as our honey bees pollinate 70% of our food source.

Today, I keep nineteen hives which have generated from two hives six years ago. I have been lucky thus far in having a 20 percent loss of bees coming out of the winter. But that is not the case nationally as beekeepers are losing 40-50 percent of their hives.

What can we do to help? We can plant flowers that are seasonal and never ever use herbicides or pesticides. With fall approaching, flowers like loosestrife, goldenrod, asters, sunflowers, and buckwheat are needed to keep hives healthy and strong. There are wonderful books that can guide you to growing flowers for bees. One book I recommend is *Pollinator Friendly Gardening: Gardening for Bees, Butterflies, and Other Pollinators* by Rhonda Fleming Hayes.

I would like to invite any club that would like to have a workshop on 'Bees as Pollinators' to contact me. Spreading the word among our clubs on the importance of bees in our world is crucial. Contact me at the Greenport Garden Club to schedule a workshop or visit my apiary at timber@mhccable.com.



Photo by Maria Kolodziej-Zincio

Calling All Clubs: Send Me Your Yearbooks!

This is a reminder to all our clubs to send me your Yearbooks. I need to see what wonderful meetings, trips, speakers, plant and bake sales, flower shows, youth activities, and more you have done or have planned.

Send to:

Camille McComb

89 Albany Ave.

Kinderhook, NY 12206

Any questions, email me at
cpmccomb@yahoo.com

DISTRICT III UPDATE

District Three Clubs, by County

Albany: Blue Creek, Garden Study Club of Albany, Guilderland, Helderview, Town and Country

Columbia: Germantown, Greenport, The Garden Club of Kinderhook

Dutchess: Pine Plains, Tioranda

Greene-Schoharie: Athens, Catskill, Clematis, Coxsackie, Schoharie Valley

Rensselaer: Greenbush

Schenectady: Garden Explorers, Country Garden Club of Clifton Park, Glen Oaks, H. Gilbert Harlow, Hugh Platt, Western Hills

Ulster: Community Garden Club of Marlborough, Hillside Acres, New Paltz, Saugerties Society of Little Gardens, Shawangunk, Ulster, Woodstock

New Address!

Federated Garden Clubs of NYS

As of August 1, 2015 the new office address is 21 A Brookedge, Guilderland, NY 12084-9110; phone and fax: 518-869-6311; email: fgcnys@verizon.net

The office is open Tuesday, Wednesday, Thursday of each week from 9 a.m. to 4 p.m.

Make sure you change this in your club's Yearbook.



American Rose Society 2015 Fall National Convention

*Join Us For The Ultimate Celebration
Of All That Is Roses:*

Roses In A New York State Of Mind

September 10–13, Syracuse, NY

Hosted By The New York, Penn-Jersey
and Yankee Districts of The American
Rose Society

For all who love roses and love growing roses, the American Rose Society 2015 Fall National Convention is where you will want to be! Our esteemed speakers are gathering from around the world to celebrate the rose, and provide you with an experience of learning, enlightenment and friendship!

The best exhibitors of roses in the country will be here to compete for top prizes, along with top rose photographers and arrangers. Maybe YOU will join in the competition too!

Everyone is welcome, you don't need to be an American Rose Society member to attend.

www.newyorkroses.org/#welcometonewyork

WILDFLOWERS

Cardinal Flower, Portent of Fall

by Lynne Arnold, District III Wildflower Chair

Lobelia cardinalis

For me, when the Cardinal Flower blooms it is the portent of Fall.

Many consider this one of our most showy wildflowers. The name Cardinal evokes the red of the Cardinal birds and the red of the Catholic Cardinal priest's robes.

The vibrant scarlet flower spikes flag its presence along stream or pond edges in late summer. I have seen them growing right in the water!

Leaves are oval or lance-shaped ovals. The flowers are scarlet, very rarely, white. When the white and red are cross-pollinated you can get the extremely rare pink.

American Indians used root tea for stomach aches, syphilis, typhoid, worms, and as one of the ingredients in "love potions."

Leaf tea is used for colds, croup, nosebleeds, fevers, headaches, and act as a nerve "tonic." **Warning:** potentially toxic; degree of toxicity unknown.

Cardinal Flower is cousin to the Great Lobelia or Blue Lobelia whose roots and leaves are used for similar ailments as above, as well as the leaves as a poultice for hard to heal sores. **Similar warning:** potentially poisonous.

The Cardinal Flower can grow quite tall from 2–5 feet. It is becoming quite rare and *should not be picked.*



Lobelia cardinalis



Great Blue Lobelia or *Lobelia siphilitica*

HUGH PLAT GARDEN CLUB

SCHENECTADY COUNTY

by Mary Ann De Fonce

On June 11, four of our Hugh Plat members attended the District III Garden Party in Kinderhook at the home of District Director Camille McComb. We especially enjoyed making friends with our table mates from the Western Hills Garden Club. In fact, we invited them to join us at our June 19 meeting, a picnic lunch in Schenectady's Central Park Rose Garden.

We had a wonderful afternoon together, with a tour of the garden led by the Rose Garden restoration committee's garden operations supervisor, Dave Gade. It was fun seeing roses named after Elizabeth Taylor, Doris Day, Queen Elizabeth, and Princess Di, to name just a few.

Our garden club doesn't meet in July and August, but we are already looking forward to decorating the Schenectady County Historical Society building for their Fall Walk-About.



MAKING FRIENDS! Tea in Kinderhook, members from Hugh Plat and Western Hills garden clubs.



Left: At the Schenectady Central Park Rose Garden with Dave Gade. Center: Viewing beautiful roses. Above: Doris Day Rose, lovely.

IT'S TIME TO APPLY FOR AWARDS

by Patricia Blundell, District III Awards Chair

This particular issue of *The Digest* reaches our members at a great time for me, as the Awards Chairman for District III. It is the perfect opportunity to once again list the dates when award entries are due for judging and recognition.

September 1st is the deadline for your club's Awards Chairman to inform me of the number and type of awards that I can expect from your Club, so I can plan for appropriate timing and judges at the district level.

October 1st is the deadline for sending completed project award applications to me.

After all of the above is accomplished, the rest of the work is this Chairman's responsibility.

October 1st and **November 1st** are my follow-up dates to the State Awards Chairman.

In reviewing the awards listed in the FGCNYS Awards Manual, there are many that would apply to your club activities.



Here are a few: Civic Concern, Horticulture Therapy, Garden Therapy, Historic Preservation, Publications, and Youth.

It all works out beautifully, especially when there are an abundance of entries from various clubs, sharing their great projects with all of us.

I am available to assist each club with any questions.

Looking forward to hearing from you.

GREENBUSH GARDEN CLUB

RENSELAER COUNTY

by Diane Madden

In May, club member June Kosier set up a beautiful and informative display about the Monarch butterfly in the front lobby of the East Greenbush Library. Club members contributed information and items on EVERYTHING monarch, their food, their life cycle, and sad to say, the decline in their population.

The Greenbush Garden Club held their annual plant sale on May 17 at the Elks Pavilion in East Greenbush. After the terrible winter customers were eager to rush in and scoop up everything in sight. Most of the plants were gone in the first half hour!

The proceeds of the sale were used to fund three \$250 grants that were awarded to Friends of the Rensselaer Public Library, the Greenbush YMCA Community Garden, and Bell Top Elementary School for their children's gardening programs.

On June 6, club member Jeannine Clemente hosted the annual club picnic at her beautiful home. Everyone brought a dish and had a wonderful time. Her garden was absolutely gorgeous!

The garden the club maintains at Fort Crailo Historic Site was included on the Rensselaer County Cooperative Extension Garden Tour on July 9th. Despite the rainy weather, the tour was very well attended and we received many compliments on how the club has refurbished and maintained the garden.



The club's display about the Monarch Butterfly at the East Greenbush Library.



Members at the very successful annual plant sale held in May.



The students at the Bell Top Elementary School in their garden that the Greenbush Garden Club supports with gardening programs.

GREENPORT GARDEN CLUB

COLUMBIA COUNTY

by Maria Kolodziej-Zincio

The Greenport Garden Club was pleased to announce and honor Zoe Johnson, at the Hudson High School Awards Night, as the recipient of the Greenport Garden Club General Roll Leaf Manufacturing, Co. Inc. Scholarship. Zoe Johnson, a 2015 Hudson High School graduate will receive \$1,150 towards her post secondary education. She will be attending SUNY Purchase in the fall in the Environmental Science and Forestry Program to pursue a career in the Environmental Protection Agency.

The Greenport Garden Club annually awards the scholarship to a graduating Hudson High School senior who is accepted and registered at a college in the fall semester. Barbara and Peter Budelman, of the General Roll Leaf Manufacturing Co. Inc., fund the award of \$1,000 annually and an additional \$150 is awarded from the Greenport Garden Club.

Civic Beautification in the Community

When it was time for spring planting, the Greenport Garden Club Civic Beautification Committee was there and rolled up their sleeves to plant a variety of annuals and perennials at the Greenport Town Hall and at the entry way of Pro Printers in Hudson. Graceful grasses, sweet potato vines, and a variety of annuals were planted for the entry way at Pro Printers in Greenport where staff and customers who saw them were “woo and awed” by the beautiful barrels. Kathy Bucholsky states, “Dave Scott of Pro Printers gave us a call with the idea and we jumped to the opportunity. Pro Printers has been the printer for our yearbooks for many years and we were delighted to take on the project. Pro Printers funded the project and members selected and planted beautiful annuals that were purchased at Holmquest Farms in Claverack. We believe in supporting our local businesses.

In addition, the flower beds at the Greenport Town Hall got a fine tune up with weeding, preparing beds, transplanting, and planting annuals under the leadership of Carolyn West, chair of the Civic Beautification Committee.

Bee Friendly Workshop held at Garden Club Member’s Apiary

The Greenport Garden Club held their June meeting at Columbia-Greene Community College with a workshop on ‘Bees As Pollinators.’

Maria Kolodziej-Zincio, Greenport Garden Club member and beekeeper presented the informative workshop on the importance of bees in our lives, the life of the colony, dangers bees face, and how we can help them and in turn help our gardens grow. Following the presentation, members toured Maria’s apiary, Blue Hill Gardens in southern Greenport, where she tends nineteen beehives. Maria is a member of the Catskill Mountain Beekeeper’s Club and an encaustic artist who paints with her beeswax. In addition to the presentation and tour, members followed with a visit to Hudson Valley Bee Supply in Kingston. Any club wishing to have a presentation on this informative and important program should contact the Greenport Garden Club.



Above: Greenport Garden Club Scholarship Award is presented to student Zoe Johnson (center) by members Kathy Bucholsky (left) and Yetta Teo (right).

Center: Greenport Garden Club Civic Beautification project at the town hall. Left to right: Angela Rapp, Carolyn West, Yetta Teo, Kathy Bucholsky, Cynthia Atkinson, and Sue Dillhoff.

Bottom: Members attend the Bees As Pollinators Workshop. Back Row: Judy Zink, Betsy Hamilton. Front Row: Kathy Bucholsky, Maria Kolodziej-Zincio, Angela Rapp, Cindi Hockenberry, and JoAnn Concra.

Photos courtesy of Kathy Bucholsky, Maria Kolodziej-Zincio, and Kayla Taranto





GERMANTOWN GARDEN CLUB

COLUMBIA COUNTY

by Fran Bufi

The Germantown Garden Club held two annual events in May. The annual plant sale was one the most, if not the most successful the club has ever held. Most of the plant material were divisions contributed by the members from their gardens. This event is so popular that the sale was over in five hours. The chairman was Rita Edwards. Along with the plant sale the club held a 'Garden Items and More Tag Sale.' The items were also contributions from the members. The chairman of the tag sale was Carolyn DiMauro. Coinciding with the annual plant sale, the club mounts an educational exhibit at the Germantown Library. This year the subject of the exhibit was 'The Language of Flowers.' The exhibit presented a very romantic movement during the Victorian era, where people interpreted the meaning behind bouquets of flowers that were sent for various occasions. Included in the exhibit were fresh flowers, informational handouts, and reference books on the subject. The chairman was Karin Janson.



The Germantown Garden Club held its 87th Flower Show titled 'The Romance of the Garden' at the Palatine Parsonage on June 13 and 14. Six accredited flower show judges viewed 24 entries in the Design Division and 114 entries in the Horticulture Division. The top horticulture awards were won by Jane Dooley, who received the Horticulture Excellence Award and the Arboreal Award. Other horticultural entries received the Award of Merit. Recipients were Jane Dooley, Mattie Gifford, and Mimi Brauch. Forty-four entries took a first place award. The top design awards were won by Mattie Gifford who received the Design Excellence Award and the Tri-Color Award in her class. Linda Saulpaugh won the Designer's Choice Award. This two-day, five-hour event was attended by 60-plus visitors. The chairperson was Irene Clum and more than 30 club members participated. This event is just one of the many activities sponsored by the club.



In July, the club went on a field trip to visit The Mount, Edith Wharton's home in Lenox, MA. Only five percent of National Historic Landmarks are dedicated to women, and The Mount is one of them. Edith Wharton was the first woman author to receive the Pulitzer Prize; she wrote over 40 books in 40 years, including works on gardens and interior design. The Mount showcases her passions and achievements in both areas.



Top: The club's popular plant sale in May was a big success. Center top: Karin Janson and the educational display "The Language of Flowers" at the Germantown Library. Center bottom: The club's annual Flower Show. Pictured are Bistro Tables, Still Life designs (right), and Creative Line designs (left). Bottom: The club's trip to The Mount. Left to right: Carol Livellara, Mimi Brauch, Kate Kennedy, Darlene Loiler, and Marilyn Rein with our tour guide.

THE GARDEN CLUB OF KINDERHOOK

COLUMBIA COUNTY

by Fran Heaney and Camille McComb

On June 9, the Garden Club of Kinderhook celebrated Garden Club Week with terrarium designer Elaine Wilson. Club members created glass terrariums with stones, charcoal, soil, small plants, and moss during the workshop. Patricia Leary, Carol Seastrand, Cynthia Bogardus, and Hedly Rozs provided the delicious treats and punch.

On June 11, club members joined attendees from Albany, Columbia, Dutchess, Greene-Schoharie, Rensselaer, Schenectady, and Ulster counties at Third District Director, Camille McComb's lovely home in Kinderhook.

The Garden Club of Kinderhook refreshment committee for the July meeting created a magnificent floral design incorporating the "farm-to-table" theme. Members provided mint iced tea, herbed goat cheese balls rolled in farm fresh herbs with a roasted red pepper coulis, chicken salad tea sandwiches, deviled eggs, ham and cheese sandwiches, and dark sweet cherries. Rave reviews were received!



Members from left to right: Loyita Woods, Anne Schomaker, and Tina Lang provided the refreshments for the July meeting which featured a farm-to-fork theme.



Glass terrarium workshop. From left to right: Bonnie Flynn, Kathy Biggs, Elaine Wilson, Geraldine Smith, Roberta Smith, and Cynthia Bogardus.

New Design Scale of Points

by Antoinette Babb, District III Design Chair

Here is the new Design Scale of Points which replaces the one on page 303 of the *Handbook for Flower Shows*, revised edition, 2007. Make sure your Flower Show Schedule includes this.

Conformance:

To design type:	7 points
To all other schedule requirements:	7 points

Design:

Principles (Balance, Contrast, Dominance, Proportion, Scale, Rhythm)	48 points
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Artistic Concept:

Selection of components	6 points
Organization of components	6 points

Expression:

Interpretation of class by exhibitor	10
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Distinction:

Marked superiority in all respects (Exceptionally fine design negates minor faults. Moderate to major faults identified in the above qualities negatively affect Distinction. Degree of distinction negatively affect Distinction. Degree of distinction is evident in craftsmanship, use of mechanics, and condition of all components.)	16
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Total Score:

100

THE SAUGERTIES SOCIETY OF LITTLE GARDENS

ULSTER COUNTY

by Joan Robinson

The Saugerties Society of Little Gardens is hosting a flower show on September 19 from 1–4 p.m. at the historic Kiersted House, Saugerties' oldest home. The theme of the show is "Joy of the Garden." The club has sponsored workshops for members to help them prepare for the show. The Kiersted House is located on Main Street in the village, next to the Farmer's Market.

The club had four new flower boxes built and placed by the two Thruway entrances in Saugerties in memory of Jeannine Blundell-Kennedy, who passed away in 2014. We also planted the flower boxes at the corners of some of the streets in the village of Saugerties. We had a very successful plant and bake sale in May and enjoyed a picnic in June at the home of Kit Ritz.

TIORONDA GARDEN CLUB

DUTCHESS COUNTY

by Gary Barrack

The Tioronda Garden Club in Beacon designed and installed 45 hanging baskets along Beacon's Main Street. The baskets are paid for and maintained by Club members. The baskets are affixed to more than 20 lampposts throughout the business district.

How are the baskets maintained?

The City of Beacon has a watering truck and Mayor Randy Casale, who is also a club member, waters them every Monday, Wednesday, and Friday mornings. The club provides liquid fertilizer every so often, and also trims them from time to time.

The club also has a garden that they maintain at the Washington Monument triangle on Wolcott and Teller Avenues in Beacon. Members weed the garden and trim the shrubs so that it looks its best for visitors and for the residents of this community.



An example of the baskets that are planted by the club and are affixed to more than 20 lampposts throughout the business district in Beacon, NY.



Club members Norm MacLeod and Gary Barrack weed and trim the Washington Monument triangle on Wolcott and Teller Avenues in Beacon.

JOIN US
for
**LINKING FRIENDS, SHARING
IDEAS, AND HAVING FUN**

**The Federated Garden Clubs of New York State;
Pat Wania, NYS President; and Ann Bloom, Chairman**

Invite you to the Fall Conference

September 28–29, 2015

Poughkeepsie Grand Hotel, 40 Civic Center Plaza, Poughkeepsie, NY

Our Fall Conference theme is 'Linking Friends, Sharing Ideas, and Having Fun.' The activities, programs, and workshops focus on this and are educational and will benefit our members and clubs. A special and timely gift will be given to all who register.

On Monday evening, September 28, we have slated an informal dinner followed by Line and Western Dance instructions, even for seniors and challenged guests. You can participate or sit back and watch, this will be a fun-filled activity that will be very entertaining.

On Tuesday, we have scheduled workshops that will tantalize and instruct. Not to be missed is the program 'Parliamentary Process' offered by Joan Corbisiero, PRP. All clubs may wish to send a representative to this to learn the procedures of conducting more effective and efficient meetings.

Dr. Maria Perri, DC, will provide a program called 'Stretching and Promoting Body Awareness.' She will give techniques to gardeners about how to garden safely while digging and weeding, even for seniors.

Flower arrangers will be thrilled with the lessons provided by Barbara Campbell and

Claudette Smith as they instruct in the latest techniques of floral design. Sue Adams will excite all of us interested in horticulture with her program 'New Plants for 2016.'

At the banquet luncheon on Tuesday, we will be honoring our NGC Awards recipients. We will also present a program in floral design by Candace Morgenstern. She is famous for her fantastic and upbeat designs.

Make your reservations today! You will be thrilled with the events.

(See last page addendums to this newsletter for the registration flyer.)



Miracles happen every day!



YOU'RE INVITED

Camille McComb, Director

Invites you to the

Third District Garden Tour of Naumkeag

(A Gilded Age Mansion with glorious gardens in the Berkshires)

Stockbridge, MA

Thursday, August 20

Tour: 10 a.m.–12 p.m.

Followed by lunch at the Red Lion Inn

This architectural masterpiece is, at its heart, a family home. Joseph Choate, a leading 19th-century attorney, hired the architectural firm of McKim, Mead, & White to design the 44-room "cottage," Naumkeag, which would serve as a summer retreat for three generations of Choates.

With its views of Monument Mountain, its stunning collection of gardens created by Joseph Choates's daughter, Miss Mabel Choate, and Fletcher Steele over 30 years, its original artwork, and its shingle-style house, Naumkeag creates an unforgettable experience for visitors. Don't miss the self-guided audio tour of the Naumkeag gardens, including the

Blue Steps, a series of deep blue fountain pools, flanked by four flights of stairs and a grove of white birches. Walk through the equally beautiful Afternoon Garden, Tree Peony Terrace, Rose Garden, Evergreen Garden, and Chinese Garden, to encounter the playful, inventive spirit of Miss Choate and Mr. Steele.

Bequeathed in its entirety in 1958—from furniture to garden tools to its intact dairy barn—Naumkeag, a National Historic Landmark, provides a special link to Berkshires history. More than that, it is a place where you, like the Choates, can find beauty and rejuvenation in a lovely place.

Please respond to Renee Benenati at 518-758-7789 by August 14 with the number and names going on the Naumkeag tour. Cost is \$11 for the tour only.

Mail checks payable to FGCNYS, Third District to:

Renee Benenati

PO Box 71

Kinderhook, NY 12106

For carpooling: leave Val-Kin parking lot, Rt. 9, Valatie, NY at 9 a.m. sharp.

Lunch at the Red Lion Inn afterwards on your own.

Miracles happen every day!

GARDEN CLUBS OF ULSTER COUNTY

Heddy Qualtere, Chair

Saugerties Society of Little Gardens will hold a flower show on September 19 from 1–4 p.m. at the Kiersted House, 119 Main Street, Saugerties. The title of the show is ‘Joy of the Garden.’ This historical house was built in 1727. The horticulture section only is open for entries from the public. If you wish to enter or for more information, call Antoinette Babb, 845-246-4445, or Patricia Blundell, 845-246-3611.

On August 8, the **Shawangunk Garden Club** participated in Ellenville’s Wild Blueberry Festival. Club members volunteered at their booth to offer free gardening advice and to sell plants from their gardens. They used this opportunity to sell tickets to their Vintage Fashion Show and Dessert Gala. This event will take place on August 22 at St. Mary and St. Andrew’s Catholic Church parish hall from 1–4 p.m. The church is located on Route 209 in Ellenville. For more information, call 845-434-2665.

The **Shawangunk Garden Club** is also offering a program open to the public on September 8 called ‘Birds and Butterflies.’ This informative talk will provide insights into how birds and butterflies impact the environment. The talk will be held at 7 p.m. at the Ellenville Public Library and Museum community room, 40 Center Street, Ellenville. Call 845-647-5530 for more information.

Now Available: The 2016 Vision of Beauty Desk Calendar



The 2016 Vision of Beauty flower arrangement and engagement calendar created by National Garden Clubs is now available for purchase. It includes full page color photos of many award-winning designs. The size of 5-1/2” by 8-1/2” is perfect for keeping track of weekly engagements or just jotting down what’s growing in your garden. You will also find it to be a resource of flower design inspiration. The calendars will be available at the Fall District Meeting on October 15 for \$6. Or you can contact Diane Madden at 518-283-1067 or email her at ladydiane@nycap.rr.com for more information.

WATER FOR SOUTH SUDAN

by Lucille Bauer, State World Gardening Chairman

I am pleased to report, as chairman of this committee, that our donation for 2014 totaled \$16,864.72. It is with this wonderful support from our members that we are helping to eradicate disease, thirst and hunger, extreme poverty, and child mortality, in South Sudan.

Your donations bring clean, fresh water to tens of thousands of people, transforming life in their villages. Water wells mean those who gather water daily, usually woman and girls, no longer have to walk miles in temperatures that can reach over 120 degrees. They can consistently attend school or do other work which improves their livelihood.

As of February 3, 2015, 229 wells have been drilled since 2005 in South Sudan to bring clean, safe water and hygiene education to their people. A new formal monitoring and evaluation process to ensure that all wells are operational and able to produce potable water has begun this year.

Goals for Water for South Sudan, Inc. for 2014-2015 are: Drill up to 40 new wells, train 8 new men and women in hygiene practices in each village where they work, and continue the United Peace and Development Project.

On behalf of our 10 World Gardening District Chairmen, we thank you for your continued support and commitment to Water for South Sudan. Please check out their web site for so much more information about this organization: www.waterforsouthsudan.org.

Thank you!





FALL DISTRICT MEETING:

Fall Floral Fantasy

Camille McComb, Director, Third District, Federated Garden Clubs of New York State, Inc.

Warmly invites you to the Fall District Meeting

October 15, 2015

Best Western Plus, 503 Washington Avenue, Kingston, NY

REGISTRATION: 9 a.m.–throughout the day

BUSINESS MEETING: 10–11:15 a.m.

LUNCHEON: 12:15 p.m.

\$28.50 (prepaid by September 28th)

Menu: Tossed Salad; Choice of: Chicken Milanese, Salmon with Dill Sauce, or Penne Pasta w/ Vegetables, Olive Oil & Garlic; Rice Pilaf; String Bean Medley; and French Silk Pie.

VENDORS, WAYS AND MEANS, AND

EXHIBITS: in Atrium from 9 a.m.

RESERVATIONS: Send names of attendees and menu choice with one check per club to Yetta Teo, Registrar; 4193 US Route 9, Hudson, NY 12534. Phone: 518-828-3706.

Make checks payable to Third District, FGCNYS, Inc.

A FUN ACTIVITY AND SOMETHING DIFFERENT FOR YOU TO PARTICIPATE IN:

Create a mask with use of floral/plant material of your choice, template provided or may use your own (see templates at the end of this newsletter). Masks will be judged and prizes given!

PROGRAM: Jeanne T. Nelson

Jeanne is a Nationally Accredited Master Flower Show Judge, a former FGCNYS President, and former Central Atlantic Director. Several of Jeanne's designs appear in the The World Association of Flower Arrangers (WAFA) book, *An American Experience*, published before the Boston WAFA show. Her design in Washington, DC for the USA introduction to the International Judges of WAFA was honored as the Best Use of Color Award. She has been on the Master Design Panel at the Philadelphia Flower Show and won First Place in one of their challenge classes.

In Jeanne's former life she owned a flower shop for 20+ years, taught math and chemistry, and did much traveling with family.

DIRECTIONS to the Best Western Plus: I-87 (Thruway) South and North to Exit 19—Traffic Circle (Rotary) to Washington Avenue. Best Western Plus is on the Right—watch for sign!

Clubs Calendar 2015

August 20

Third District Garden Tour of Naumkeag, 10 a.m.–12 p.m. Stockbridge, MA. Followed by lunch at the Red Lion Inn. (See page 12 for more information.)

August 22

Vintage Fashion and Dessert Gala, The Saugerties Society of Little Gardens, 1–4 p.m., St. Mary and St. Andrew's Catholic Church parish hall, Route 209, Ellenville.

September 2–7

Columbia County Garden Clubs Exhibits at the Columbia County Fair. Route 66, Chatham.

September 8

'*Birds and Butterflies*.' Shawangunk Garden Club: program open to the public. 7 p.m. Ellenville Public Library, 40 Center St., Ellenville.

September 17

Third District Board Meeting, 10–10:45 a.m.: Meeting; 11 a.m.: Dried Flower/Fairy House Workshop. Greenport Town Hall, 600 Town Hall Dr., Hudson.

September 19

Flower Show, 'Joy of the Garden.' The Saugerties Society of Little Gardens, 1–4 p.m., Kiersted House, 119 Main St., Saugerties.

September 28–29

FGCNYS Fall Conference, 'Linking Friends, Sharing Ideas, and Having Fun.' Poughkeesie Grand Hotel, 40 Civic Center Plaza, Poughkeepsie. (See page 11 for more information.)

October 15

Third District Fall Meeting, 'Fall Floral Fantasy.' 9a.m.–3 p.m., Best Western Hotel, Kingston. (See page 14 for more information.)

October 25–27

CAR Conference, Gettysburg, PA.

November 10

FGCNYS Winter Meeting, 10 a.m., Office: 21 A Brookedge, Guilderland.

November 19

Third District Skills Workshop, Learn about Awards, Flower Show Schedules, Publicity/Press Books, and Yearbooks. 10 a.m, Hurley Reformed Church, 147 Griffin Dr., Hurley.

Helping in the Community

by Maria Kolodziej-Zincio

Annually, for twelve consecutive weeks starting in June, the Greenport Garden Club will brighten the lobby of Human Services in Hudson with mixed flower bouquets.

Each Monday morning a new arrangement arrives designed by individual garden club members. The best part is the flowers that will be on display are picked from each of the members' gardens. Garden club members take turns designing arrangements and delivering them early Monday mornings to the lobby as the coffee is still brewing.

The program was started six years ago by Greenport Garden Club member, Cynthia Atkinson and it has been successful ever since. The schedule runs from June to the end of September when flowers are still in bloom. "We love to cut flowers from our gardens and arrange them for the public to see and sharing is such a pleasure."

"That's what we are all about" states Cynthia Atkinson.



*Cynthia Atkinson of the Greenport Garden Club with her flower arrangement for the Department of Human Services.
Photo by Maria Kolodziej-Zincio*

The Digest Online is published quarterly in February, May, August, and November. Deadlines for submissions are the 15th of the month before each issue (January, April, July, and October).

Please send news of your club's activities, events, and plans—it's a great way to share what you are doing with other clubs. Unlike print newsletters, there is no prohibitive cost factor for using color, so send in your photos. Articles on various gardening and flower arranging topics are especially welcome.

Material for *The Digest* should be sent to Karin Janson via email at kjanson@aol.com.

To access *The Digest*, go to the State website—fgcnys.com—select District III on the home page and then select *Digest Online*.



Change of Officers Notification Form

Please fill in the information below when your club has a new slate of officers. This ensures that we have the most current contact information for your club so that you will be apprised of any communications from the state level, district level, and county level.

Send copies to:

- Director—Camille McComb, 89 Albany Ave., Kinderhook, NY 12106
- FGCNYS Office, 21 A Brookedge, Guilderland, NY 12084
- Your County Garden Club Chairperson

Date: _____ New Officers: for (start date) _____ to (end date) _____

Garden Club Name _____ County _____

PRESIDENT NAME _____

Address _____

Phone number _____ Email _____

VICE PRESIDENT NAME _____

Address _____

Phone number _____ Email _____

TREASURER NAME _____

Address _____

Phone number _____ Email _____

RECORDING SECRETARY NAME _____

Address _____

Phone number _____ Email _____

CORRESPONDING SECRETARY NAME _____

Address _____

Phone number _____ Email _____

“Meet the Speakers & Lectures”

Pat Cannon from “Foot and Fiddle Dance Co.” will lead us in Line & Western dancing.

Barbara Campbell “Bring Home a Bouquet of Flowers.” She is a former FGCNYS President, Master Flower Show Judge, and Master Gardner who will demonstrate what to do with flowers from the grocery store.

Sue Adams “New Plants for 2016” She is a horticulturist, who oversees 5 acres of greenhouses for Adams Fairacre Farms, Poughkeepsie, NY and will show us the latest plants.

Claudette Smith “Turning a New Leaf” She is a NGCMJ, an approved NGCI Design Instructor, member of the World Association of Flower Arrangers (WAFA) and President of the Garden Clubs of Ontario. She will demonstrate her highly creative program in the weaving of leaves for design.

Joan Corbisiero “Parliamentarian Process” She is a PRP (Professional Registered Parliamentarian), a former FGCNYS President, a NGC Emeritus Master Judge and the NGC Parliamentarian. She will lecture on proper procedure and conducting a meeting.

Dr. Maria Perri DC, DACRB “Stretching & Body Awareness for Prevention of Injury in the Garden.” She is a Chiropractor & Director of Wellness Springs, and was voted 2013 Rehab Chiropractor of the Year by American Chiropractic Rehabilitation Council. She will give tips for proper ergonomics to help you feel less sore, help you garden longer and avoid strains.

Candace Morgenstern “Linking Fun Techniques in Floral Design.” She is a NGCMJ, Past President of the Rhode Island Fed. Garden Club, a member of Newport & Tiverton Garden Club. She retired as co-chair of the Newport Flower Show, in Newport, RI (a position held for 5 yrs. and has been involved with the show for 17 yrs.). Candace was the Business Manager for the World Flower Show (WAFA-USA) held in Boston 2011. She enjoys floral designs and lecturing. Her designs will be raffled.

Poughkeepsie Grand Hotel

40 Civic Center Plaza

Poughkeepsie, NY 12601

Reservations: 800-216-1034

All hotel reservations must be made with the hotel. GROUP RATE IS AVAILABLE UNTIL AUGUST 27, 2015.

Ask for group rate booked under FGCNYS.

The FGCNYS room rate is \$ 109.00 for Standard Double room, plus room tax 12.125%. Each additional person will be charged \$ 10.00 per night.

Hot, Complimentary Breakfast is included and served from 7am-10am. Complimentary WiFi and free parking (Civic Center Parking Lot) adjacent to hotel. Fee parking across the street.

Directions to Hotel

From Albany NY: New York Thruway (87)South to Exit 18 (New Paltz); turn Right on 299 East; turn Right on 9W South to Mid-Hudson Bridge, up hill to 3rd Light; Left on Market St. Hotel on Left.

From New York City: Taconic Parkway North to Route 55 West-Poughkeepsie Exit; Go 7.8 miles; turn Left onto Catherine Street; Right onto Main Street; Hotel on Left.

Things to Do:

In Poughkeepsie, NY “Walkway Over the Hudson”

In Hyde Park, NY

Franklin D. Roosevelt Home & Library

Eleanor Roosevelt Cottage

Vanderbilt Mansion

FEDERATED GARDEN CLUBS

OF

NEW YORK STATE

PRESENTS



FALL CONFERENCE

**“LINKING FRIENDS,
SHARING IDEAS
And HAVING FUN”**

SEPTEMBER 28-29, 2015

**Poughkeepsie Grand Hotel
40 Civic Center Plaza
Poughkeepsie, NY**

**Pat Wania, New York State President
Ann Bloom, Chairman**

Fall Conference 2015

Monday, September 28, 2015

- 8:30 Registration, Meeting Rm. Area
9:30-10:15 Executive Board Meeting—
Terrace Room
10:30-11:45 Board of Directors' Meeting-
Terrace Room
12:15- 1:15 Lunch
1:45- 2:30 Board of Directors Meeting (Cont'd)
2:45- 4:45 Breakout Meetings
5:00- 6:00 Cocktail Hour/Cash Bar-Starlight Rm
6:00- 7:00 Dinner
7:00- 8:00 Line & Western Dancing Starlight Rm

Vendors open at 2:30 – Terrace Room

Tuesday, September 29, 2015

"DAY OF FUN"

LECTURES OPEN TO ALL REGISTRANTS

- 8:00 Registration, Meeting Rm. Area
8:30- 4:00 Shopping – Terrace Room
9:00- 9:45 "Bring Home a Bouquet of
Flowers" – Terrace Room
9:15- 9:45 Judges' Council Chairman Meeting-
Dutchess Room
10:00-10:45 "New Plants for 2016"-Dutchess Rm
10:00-10:45 "Turning a New Leaf"-Terrace Rm
11:00-11:45 "Parliamentary Process"-Terrace Rm
11:00-11:45 "Stretching & Body Awareness for
Prevention of Injury in the Garden"
Dutchess Room
11:30-12:30 Cocktail Hour/Cash Bar- Regency Rm
12:30 Lunch followed by "Linking Fun
Techniques in Floral Design"
by Designer Candace Morgenstern

**SEE REVERSE SIDE FOR ADDITIONAL
INFORMATION**

FULL-TIME REGISTRATION FORM

NAME: _____
STREET: _____
CITY/STATE/ZIP _____
PHONE: _____ District # _____
EMAIL _____

Please Check ALL That Apply:

- ___ FGCNYS Officer; ___ District Director;
___ FGCNYS Board Member; ___ NGC Life Member; ___ CAR
Life Member; ___ NYS Life Member;
___ NGC Flower Show Judge; ___ Landscape Design Cons.;
___ Gardening Consultant; ___ Environmental Consultant;
___ NYS Horticulture Judge; ___ Club President;
___ Garden Club Member; ___ Guest/Spouse.

Please Check Your Meal Choices:

Monday Luncheon

- Butternut Squash Soup
___ Ham, Broccoli & Cheddar Quiche
___ Vegetarian – Broccoli & Cheddar Quiche

Monday Dinner

- Butler Hors d'oeuvres, Cold Table
___ Sliced Roast Turkey
___ Vegetarian – Eggplant Rollatini

Tuesday Luncheon

- Caesar Salad
___ Chicken Francaise
___ Petite Sirloin
___ Vegetarian-Pasta Primavera
___ I would like to be seated at the
NGC, CAR, NYS Life Member Table

**Total Cost \$130.00 - includes all programs, and meals
Prior to August 27, 2015**

Enclose this Form & Check Payable to: FGCNYS, Inc

**Mail To: Mary Bowles
21 Cushman Road
White Plains, NY 10606-3705**

E-Mail: mjbowles@gmail.com

Late Charge \$20.00 & No Refunds after August 27

PART-TIME REGISTRATION FORM

NAME: _____
STREET: _____
CITY/STATE/ZIP _____
PHONE: _____ District # _____
EMAIL _____

Please Check All That Apply:

- ___ FGCNYS Officer; ___ District Director;
___ FGCNYS Board Member; ___ NGC Life Member; ___ CAR
Life Member; ___ NYS Life Member;
___ NGC Flower Show Judge; ___ Landscape Design Cons.;
___ Gardening Consultant; ___ Environmental Consultant;
___ NYS Horticulture Judge; ___ Club President;
___ Garden Club Member; ___ Guest/Spouse.

Please Check Your Meal Choices:

Monday Luncheon \$ 30.00

- Butternut Squash Soup
___ Ham, Broccoli & Cheddar Quiche
___ Vegetarian- Broccoli & Cheddar Quiche

Monday Dinner \$ 40.00

- Butler Hors d'oeuvres, Cold Table
___ Sliced Roast Turkey
___ Vegetarian-Eggplant Rollatini

Tuesday Luncheon \$ 30.00

- Caesar Salad
___ Chicken Francaise
___ Petite Sirloin
___ Vegetarian-Pasta Primavera
___ I would like to be seated at the
NGC, CAR, NYS Life Member Table

Cost: Meal/Meals (see above) plus registration fee

**Registration fee is needed to attend any of the
programs/meals. Please add registration fee of
___ \$20.00 for Monday, September 28
___ \$15.00 for Tuesday, September 29**

Prior to August 27, 2015

Enclose this Form & Check Payable to: FGCNYS, Inc.

**Mail To: Mary Bowles
21 Cushman Road
White Plains, NY 10606-3705**

E-Mail: mjbowles@gmail.com

Late Charge \$20.00 & No Refunds after August 27

MASQUERADE MASK 1



MASQUERADE MASK 2

