

The Digest

THIRD DISTRICT FEDERATED GARDEN CLUBS OF NYS, INC.



AUGUST 2018

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Editor's Note

The other day, I was suffering from the heat as I was pulling weeds from my garden. It made me think about the phrase 'Dog Days of Summer.' I was curious about this and what it actually means so I looked it up. I found out that it occurs during the most oppressive period of summer, between July 3 and August 11 each year. Who knew it could be so specific?

From the *Farmer's Almanac* I learned that many people think it refers to dogs, as they are the most sluggish in August when the days are so hot and humid—and so are cats, I might add. But the name actually refers to Sirius, the brightest star visible from any part of the world at this time of year. And Sirius is part of the constellation Canis Major, the Greater Dog or as it is sometimes called the Dog Star.

Sirius rises and sets with the sun in summer. Because it is so bright in the sky, the ancient Romans believed it actually gave off heat and added to the warmth of the sun and accounted for warm, sultry weather. They called this "dog days."

Thus, the term Dog Days of Summer came to mean the 20 days before and 20 days after this alignment of Sirius with the Sun—July 3 to August 11.

The heat, of course, is not due to any added radiation from Sirius. It is a direct result of the Earth's tilt. During summer in the Northern Hemisphere, the tilt of the Earth causes the sun's rays to hit at a more direct angle, and for a longer period of time during the day. And results in longer, hotter days.

A great reason why a trip to the beach in August makes perfect sense.

Karin Janson, Germantown Garden Club
kjanson@aol.com

From the Director



As summer winds down, I hope you have taken time to relax and enjoy your gardens with family and friends. Once again, Third District clubs have done an outstanding job to promote our national initiative 'Plant America for a Cleaner, Greener, and Healthier World.'

On June 9, I attended the 'Playground Floral Fantasies' Standard Flower Show presented by the Garden Club of Kinderhook. The talent shown by the members of this club was truly amazing. President Denise Hess and the members of the club deserve much credit for the time and effort put into the show. Every

aspect was well planned and orchestrated, truly a first class event.

On July 21, the Germantown Garden Club celebrated their 90th Anniversary. What a thrill to be able to attend this event with so many dedicated garden club members. Under the leadership of longtime President Fran Bufi, the Germantown Garden Club has excelled in every metric for what I would consider a model club. Year after year, they receive numerous awards for the club's outstanding flower shows, yearbooks, civic beautification, and other club related projects. Their theme '90 Years and Still Growing' reflects on the club's past accomplishments with a view towards a bright future. On display were Yearbooks and other club memorabilia dating back to the early 1930's. Our FGCNYS President Monica Hansen traveled over 300 miles to attend the celebration. We are so fortunate to have such a dedicated and inspirational leader for our State President. Monica was warmly greeted with great enthusiasm as she presented President Fran Bufi with a 90th Anniversary Club Recognition Citation. Congratulations Germantown, the best is yet to come!

(cont. on pg 2)



Visiting the Germantown Garden Club's 90th Anniversary Celebration with FGCNYS President Monica Hansen.

(Director's Message from pg 1)

Our annual Fall District Meeting 'Foliage of Fall' will be held on Thursday, October 18, at the Best Western Hotel in Kingston, NY. Lynne Arnold and the Judges Council will conduct a Horticulture Show as our featured program. All attendees at the meeting are welcome to participate in this exciting event. See announcement on Page 3 for details and at the end of this newsletter for the registration form and the Horticulture Schedule. Also at this meeting, we will conduct the Election of District Officers for the 2019–2021 term of office. Much time and effort has gone into planning this event and Horticulture Show. Please plan to attend, participate in the show, and welcome our new slate of officers for 2019–2021.

Increased membership in our district continues to be a top priority of my administration. I am pleased to announce that we have a total of 17 new members since the beginning of this year. Each new member insures that Garden Clubs will continue to grow and prosper for future generations to come. Thank you all for your unwavering support in this effort.

Last but not least, the FGCNYS Fall Conference will be held at the Radisson Hotel in Corning, NY on September 11–13. In addition to great programs and workshops, local attractions, restaurants, and shopping, you will get a chance to meet our National President, Nancy Hargroves who will be joining us for the entire conference. All members are welcome to attend. Information and registration forms can be found on our website at FGCNYS.com or by contacting your club president.

Take care,
Gary Barrack, Director



Left: Me with club President Denise Hess and some of the horticulture entries at the Garden Club of Kinderhook's flower show 'Playground Floral Fantasies.' Right: members of the club with their flower show entries.



CLUBS IN DISTRICT III

District Three Clubs, by County

Albany: Blue Creek, Guilderland, Helderview

Columbia: Germantown, Greenport, The Garden Club of Kinderhook

Dutchess: Tioronda

Greene-Schoharie: Athens Community, Clematis, Schoharie Valley

Rensselaer: Greenbush

Schenectady: Garden Explorers, Country Garden Club of Clifton Park, Glen Oaks, H. Gilbert Harlow, Hugh Plat, Western Hills

Ulster: Community Garden Club of Marlborough, Hillside Acres, New Paltz, Saugerties Society of Little Gardens, Shawangunk, Ulster, Woodstock

DON'T FORGET: WAYS & MEANS AND RAFFLE ITEMS

The following clubs are responsible for the Ways & Means and the Raffle Items at our Fall Third District Meeting, October 18, at the Best Western Plus in Kingston.

Ways & Means:

Schenectady and Rensselaer Clubs
Gently used items, clean, NO CLOTHES.

Please remember to take home items that haven't sold!

Raffle Items:

Ulster County Clubs

New items, garden-themed, wrapped or in a basket to entice our members, \$25 value.



FALL DISTRICT MEETING:
Foliage of Fall

*Gary Barrack, Director, Third District, Federated Garden Clubs of New York State, Inc.
Invites you to the Fall District Meeting*

OCTOBER 18, 2018

Best Western Plus, 503 Washington Ave., Kingston, NY, 845-338-0400

REGISTRATION: 9:30–11:30 a.m.

**VENDORS, EXHIBITS, COFFEE, TEA, AND WATER
STATION:** throughout the day

WAYS AND MEANS AND RAFFLE TABLES: 9:30 a.m.–noon

BUSINESS MEETING: 10:30–11:30 a.m.

LUNCHEON: Noon

\$30 (prepaid by October 1)

Menu: Choice of Herb-crusted Salmon, Chicken Marsala,
or Vegetarian Lasagna; served with Tomato Basil Bisque,
seasonal vegetables, rolls and butter, Tiramisu, iced and hot
tea, and coffee.

RAFFLE DRAWING: 12:45 p.m.

PROGRAM: NGC Horticulture Specialty Flower Show,
1–2 p.m.

RESERVATIONS: Send Registration Form with attendees'
name and menu choice with one check per club payable to
Third District, FGCNYS, Inc. to:

Cindy Teator, Registrar; 8 Catskill Dr., Kinderhook, NY
12106, 518-755-7086, greateating@yahoo.com.

DIRECTIONS: I-87 (Thruway) south and north to Exit 19.

Follow traffic circle (rotary) to Washington Ave. Hotel is on
right, watch for sign!

PROGRAM: District III, Federated Garden Clubs of NYS,
Inc., Presents 'Foliage of Fall' Horticulture Specialty
Flower Show.

All members of District III Clubs are encouraged to enter
this Horticultural Specialty Show. Entries will be received
from 9–10 am. Exhibitors must provide their own bottles
for entry. Awards will be given. For additional information
please contact Lynne Arnold, District III Judges Council
Chairman at 845-787-5220, larnold@ixnetcom.com or
Elizabeth Walker, District III 2nd Assistant Director at
eawalker2@gmail.com. Judging will begin at 11 am.
Attendees at the District Meeting and members of the
public will visit the entries between 1–2 pm.

(See page 14 of this newsletter for registration form and page 16 for
the Horticulture Schedule.)

ATHENS COMMUNITY GARDEN CLUB

GREENE-SCHOHARIE COUNTIES
by Carole Garvar

In July, members met at the lake side home of Olga Cascione for a luncheon and installation of new officers by County Chair Carole Garvar. Steven Mann was elected to serve as President for the upcoming term. Past President Katherine Montague was presented with an FGCNYS past presidents pin.

New officers were given flowers representing the office they will be serving and past officers were recognized and presented with small plants in gratitude for their service.



Athens club members at the installation of officers meeting on July 26.

IT'S TIME TO APPLY FOR AWARDS FOR YOUR CLUB!

by Patricia Blundell, District III Awards Chair



Dates for your Club Awards Chairman to notify me, the District Awards Chairman, of your intent to apply for any 2018 Awards is fast approaching.

The FGCNYS, Inc. Awards Manual (updated February 2016) is a 'click away' from the website at fgcnys.com.

Refer to the 'Table of Contents.' Listed there is all the information regarding topics that apply to your club's projects. Go to page 3, 'Rules.' It lists all necessary details for applying for Awards. Note that section, 'Deadlines,' #3, will help with knowing when to apply for awards.

A review of the Table of Contents offers all aspects of Garden Club projects. Pick yours! Follow through by

printing the Application Forms from fgcnys.com, then click on the Awards Information tab, scroll down, select FGCNYS Awards Application 2018-2019.

Submit your club's Application for Award form with the necessary description, photos, etc. to:

Patricia Blundell,
45 Lafayette Street, Saugerties, NY 12477

Please contact me if you need additional information:

Floralartistry01@hvc.rr.com

Phone: 845-246-3611

GERMANTOWN GARDEN CLUB

COLUMBIA COUNTY

by Fran Bufi, President

Carolyn DiMauro, Youth Chairman of the Germantown Garden Club, worked with Boy Scout Troop 122 of Germantown to plant the community flower bed on Main Street. Carolyn has worked with the scouts for many years, passing on the knowledge from the Garden Club to the younger generation. This group of scouts has been planting and maintaining this garden since first grade.

This year the Germantown Garden Club toured the grounds and garden at Blithewood, on the campus of Bard College. Blithewood is at the heart of the Hudson River National Historic Landmark District. Its garden was designed circa 1903 by Francis Koen and is a classic example of a walled Italianate garden. The tour guide, Bessina Harrar, a former graduate of Bard, has written a very interesting book about Blithewood called *A History of Place*. In it the author chronicles the story of the different owners of the estate and the different impact each has had on the land and the gardens.

In June, club members and guests were treated to a program called 'All About Mushrooms' by John Micholetti. Mr. Micholetti is the founder of Catskill Fungi, Big Indian, NY. John is a self-proclaimed 'mushroom guy.' He has studied fungi with some of the top mycologists in the country and his mission is to spread the information about the benefits that fungi (mushrooms) have to offer. He is President of the Mid-Hudson Mycological Association and a member of Connecticut-Westchester Mycological Association, Pioneer Valley Mycological Association, and the National American Mycological Association. John's presentation included showing us many mushroom samples. He talked about mushrooms in-depth—identifying them, growing them, and their many health benefits. His talk included the many ways to use different mushroom tinctures which he had available to help in healing some health issues.

The Germantown Garden Club celebrated a milestone this year, a 90th Birthday! The celebration was held on July 21, at the Germantown Library. On display were many albums of the club's history that date back to the 1930's, previous flower show posters, award ribbons, and other historical documents. The club was honored by the attendance of Monica Hansen, President of the FGCNYS, Inc., and Gary Barrack, Director of the Third District clubs. Their presentation included awarding the club with a framed certificate commemorating this significant milestone. It is with much gratitude that the present members honor all those members that have come before and who have set such a wonderful example for us to follow.

At the July meeting, Elizabeth Walker, owner of Floral Design of the Hudson Valley gave a presentation/demonstration of 'Creating Arrangements with Wildflowers.' Elizabeth demonstrated flower arranging with the wealth of floral material that surrounds us. Her arrangements featured flowers, greens, grasses, and other materials that can be found growing in any yard or alongside the roadways. After her demonstration Elizabeth answered questions and critiqued arrangements that members brought from home.



Member Carolyn DiMauro (left) with Boy Scout Troop 122 of Germantown and the community flower bed on Main Street.



Germantown Garden Club members visiting Blithewood on the Bard College Campus.



Club President Fran Bufi (right) receives award from Monica Hansen (left), President of FGCNYS, Inc. at the club's 90th Birthday Celebration.

GREENPORT GARDEN CLUB

COLUMBIA COUNTY

by Maria Kolodziej-Zincio

Greenport Garden Club members created arrangements for the Hendrick Hudson Chapter of the National Society of the Daughters of the American Revolution program ‘The History of the Robert Jenkins House.’ Garden club members Angela Rapp, Kathy Bucholsky, and Cynthia Atkinson made the arrangements. The program was a collaboration between the Hudson Chapter of NSDAR and the Hudson Area Library. “We were honored to have the opportunity to create these themed floral arrangements for this beautiful historic home of Robert Jenkins,” said club president Kathy Bucholsky. Kathy created the main centerpiece with spider mums in patriotic colors of red, white, and blue.

Club members Cindy Teator and Kathy Bucholsky planted a variety of annuals in barrels at ProPrinters entrance as part of the Community Care Project. This Hudson-based printing business has been a vendor of the club’s yearbook for many years. Plants and flowers selected were Amaranth, Calitastic Ice Blue Calibrachoa, Dwarf Marguerite, Sweet and Blackie Sweet Potato Vines, and Chapel Hill Sunny Side Up Lantana.

A relationship that remains strong to this day to the Greenport Garden Club is the flower beds at the Greenport Town Hall. The Civic Beautification Committee rolls up their sleeves to pull weeds, clean the beds, fertilize plants, and water flowers from summer to fall at the entrance-way that greets thousands of visitors each year.

Greenport Garden Club members gathered to visit an enticing nursery in Hudson to learn about different approaches to gardening. ‘Succulents—the Alternative Approach to Gardening’ was a lecture and tour hosted by Ben Eaton, owner of the Secret Garden, a beautiful nursery and greenhouse located on lower Third Street. Members stepped out of the box to learn about potting and caring for succulents. “Entering through the wrought iron gate and vine covered fence was stepping into a utopia of green beauty. The lecture on succulents and creatively placing them in pots and hypertufa containers is truly an art,” stated Kathy Bucholsky, president of the garden club. Mr. Eaton and the Greenport Garden Club will coordinate a future workshop in hypertufa containers.

Greenport Garden Club members gathered to take a field trip to visit the Naumkeag National Historical Landmark in Stockbridge, MA. The estate is known for its gilded-age style splendor with its magnificent estate and renowned for its elegant gardens and rare 44-room ‘Berkshire Cottage.’ The club took a self-guided tour to view the splendor of the Rose Garden, Evergreen Garden, Chinese Garden, Blue Steps, and the Afternoon Garden. Following the three-hour tour, members dined at the Red Lion Inn.

Top: Arrangements at the DAR Hudson Chapter: (l to r): Angela Rapp, DAR staff Paul Tombrello, Cynthia Atkinson, Kathy Bucholsky, DAR staff Brenda Shufelt, and Jeane LaPorta.

Second from Top: Planting flowers in barrels at local printing business, Cindy Teator and Kathy Bucholsky .

Third from Top: from Left to Right: Cynthia Atkinson, Angela Rapp, Maria Kolodziej-Zincio, and Ben Eaton of the Secret Garden.

Bottom: Field trip to Naumkeag National Historic Landmark. Left to Right: Cindy Teator, Nancy Westbrook, Marie Sherman, Angela Rapp, Stephanie Gaylord, Kathy Bucholsky, Carol Novack, and Barbara Hapeman.



GUILDERLAND GARDEN CLUB

ALBANY COUNTY

by Merrill-Lee Lenegar

The programs scheduled for the Guilderland Garden Club continue to inspire the members of the Club. On May 14, we traveled to Helderledge in Altamont for a program on succulents by horticulturist Paul Steinkam. He demonstrated how to design with succulents and then members had an opportunity to create their own designs. The group then travelled to Indian Ladder Farm for lunch.

On May 16, several club members planted two raised beds in the Courtyard at Mercy Care Life Center for the enjoyment of the residents and their visitors. Included in each of the beds are sunflowers that had been started from seed by one of the residents. Also, on this date, Club members, friends, and family members of Eileen Mulson attended a Mass in her memory. Eileen had been a member of the Club since 1969 and remained an active member even while she resided at Mercy Care. After the Mass, residents, guests, and Club members returned to the Courtyard where a plaque given by Mercy Care in memory of Eileen was placed next to a Deutzia shrub which had been planted by the Garden Club.

On June 11, beekeeper Dan Kerwood provided a program on 'Our Fuzzy Little Friend—The Honeybee.' He discussed the lifecycle of bees, bee-friendly plants for the garden, and gave an update on colony collapse. In addition, he brought an observation hive which all were very interested in.

As part of New York State's Path Through History observance, an Open House and Garden Tour was held at the Historic Mynderse-Frederick House in Guilderland Center on June 16. Members of the Guilderland Historical Society provided visitors with a tour of the house, which was built in 1802, and information on its architectural significance, and how the people who lived there shaped local history. Garden Club members made floral arrangements to decorate rooms, provided refreshments, and gave tours of the award-winning perennial gardens.

The July 9 meeting was on 'Healthy Garden-to-Table Cooking.' Patty Wukitsch, who is a Hannaford Market Dietitian, spoke on how to use the fresh herbs and summer veggies from our gardens or the market to prepare healthy recipes. She also provided copies of recipes and nutrition tips, and prepared a sampling of easy to make basil pesto which was served with pita bread for our enjoyment.

On August 13, the Club will go to the Five Rivers Environmental Education Center in Delmar for a program on 'Owls of New York State.' Environmental educator Kitty Rusch will deliver a PowerPoint presentation on different types of local owls and the fascinating lives they live.

The Club will have an exhibit at the Altamont Fair on August 14–19. Our past participation in this annual event has brought in new members and encouraged us to participate in the flower show and other competitions. Several members won multiple prizes for their entries last year.

Craig Waltz recently participated in the Newport Flower Show at Rosecliff Mansion in Rhode Island, which is an NCG and GCA sanctioned show. His design in the Floral Design Division, 'Small and Sunny,' was to reflect a sun-drenched garden and incorporated David Austin Garden Roses, spray roses, Kalanchoe, Kangaroo Paw, pink and green Hypericum, Seeded Eucalyptus, Gloriosa Lily, Asiatic Lily, and Eremurus.

We are so happy that our Club is growing. Although we have lost one member because of relocation, since the beginning of this program year, four new people have joined, which brings our membership to 41.



Top left: Kathryn Giebitz, Maureen McNamara, Karen Dinardi with plaque in memory of Eileen Mulson. Top right: During the Historic Mynderse-Frederick Open House, Donna Crego wore a replica of the original wedding gown worn by Apollonia Frederick. The gown was made by Carol Samsonoff, a member of the Garden Club. Left: Member Craig Waltz's entry for the Newport Flower Show.

HUGH PLAT GARDEN CLUB

SCHENECTADY COUNTY

by Mary Ann DeFonce

On April 13, four of our Hugh Plat members attended a seminar at Faddegan's Nursery in Niskayuna. Kerry Ann Mendez presented a three-hour gardening lecture on 'Design Tips for Traffic Stopping Curb Appeal,' and 'The Budget-wise Gardener.' Kerry Ann is an international award-winning author, speaker, and garden designer from Kennebunk, Maine. She was an inspiration to us all.

Our May 14 meeting was a trip to the Gade Farm in Guilderland. We spent a fun-filled hour with the farm's Amy Castillo, making and discussing succulent gardens. Their beauty is in their simplicity!

June found us at Shades of Green, a wonderful shade garden nursery in Charlton. Hostas, hostas everywhere! At Shades of Green shade plants of all kinds are planted in natural settings, so you are able to visualize how they will look in YOUR garden. What fun!

Hugh Plat Garden Club takes a break in July and August, but September will find us knee-deep in pumpkins and hay bales as we gather donated items to decorate the porches of the Schenectady County Historical Society buildings for their fall Walkabout. It is hard to believe that autumn is just around the corner!



Top left: Fran Scrafford, Sue Bushman, and Fran Fazio at Kerry Ann Mendez's lecture at Faddegan's Nursery. Top center: Sue Bushman, Fran Scrafford, and Mary Ann DeFonce at Gade Farm. Top right: Some of our succulent garden take homes.

CLEMATIS GARDEN CLUB

GREENE-SCHOHARIE COUNTIES

by Jean H. Horn, President

The Clematis Garden Club in Greenville normally chooses a 'Garden of the Month' from resident gardens in our large membership areas from May through September or October, depending on the weather. Our 50 members come from Greene, Schoharie, and Albany Counties and the Committee chooses gardens from recommendations by members.

This year we voted to change things up by opening the 'Garden of the Month' award to Clematis Club members only, which, up until now, members have been omitted. This year, if a member wished to have their garden chosen, they placed their name in a decorated jar. Each month, a member is then chosen by the Committee.

A sign that reads 'Garden of the Month' is placed in an easily viewed public area and pictures are taken for publicity. The decorated garden signs and articles sent to the local papers along with photos have helped to publicize the activities of our Garden Club. We have also gained new members from our 'Garden of the Month' awards in the past.



Barb Owens displays a lovingly tended garden at her home in Ravena. Dahlias, lilies, hydrangeas, delphinium, Rose of Sharon, and other plants offer beautiful curb appeal. Barb is a member of the Clematis Garden Club, the Hudson Adirondack Daylily Society, the Upstate New York Hosta Society, and the Capital Hudson Iris Society.

THE GARDEN CLUB OF KINDERHOOK

COLUMBIA COUNTY

by Cynthia Bogardus

In late spring, the Garden Club of Kinderhook held two major events. In May, the annual Plant and Bake Sale was held in the village square. Despite limitations on plant material, and a very rainy Saturday, the sale was a successful fund raiser in support of the Club's activities throughout the year. In June, the design talents and growing expertise of Club members and friends were showcased at our flower show, 'Playground Floral Fantasies.' The floral and educational displays delighted visitors, with the kid-friendly refreshments adding the perfect touch to the lighthearted theme. The top winner in horticulture was a beautiful Kousa dogwood branch submitted by Vicki Smith.

Also on tap were visits to three historic sites featuring gardens. In May, we visited the Ten Broeck Mansion in Albany with its lovely display of Dutch bulbs. Our June outing was a bit closer to home with a tour of Steepletop in Austerlitz. Here the gardens have been lovingly restored with the help of several of our Club members. In July we ventured further when we traveled to Yaddo in Saratoga Springs, where we were delighted by the outstanding display of roses. At each site our visit was enhanced by guided tours conducted by enthusiastic, knowledgeable docents.

Our Club year has been made special by these terrific outings. Next up is a Gatsby-themed cocktail party to benefit our scholarship fund. With many Roaring 20's details, this event will be the 'bee's knees.' Stay tuned!



Top left: members at the Annual Plant and Bake Sale
Top right: visiting the Ten Broeck Mansion in Albany.
Left: members visit Yaddo in Saratoga Springs.

TIORONDA GARDEN CLUB

DUTCHESS COUNTY

by Gary Barrack

The TGC is proud to announce that it received a First Place Citation State Award from FGCNYS for its Civic Beautification Projects in the City of Beacon. District Director Gary Barrack made the presentation to the Club at their May meeting. Longtime Civic Beautification Chairman Norman MacLeod was recognized for his many years of dedicated service to this endeavor.

On June 13, members went on a field trip to the New York Botanic Gardens. On display was 'Visions of Hawai'i, Paradise, Lost and Found' combined with the spectacular Georgia O'Keefe Exhibition. The Peggy Rockefeller Rose Garden was in full bloom with 650 varieties of roses. The group enjoyed a leisurely lunch at the Hudson Garden Grill before retuning home.

A committee is being formed to make plans for the club's 90th anniversary in 2019. The highlight of the celebration will be the installation and dedication of a large Blue Star Memorial Highway Marker on NY Route 9D on Saturday, May 18, 2019 (Armed Forces Day).

The club held its annual Member Appreciation Picnic on July 11 on the grounds of the Howland Cultural Center. The men of the club served as hosts for the event. Over 35 members attended, enjoying grilled food and drinks on a beautiful summer evening.



Top left: members planting at the Howland Cultural Center in time for the Memorial Day weekend.
Top right: Gerri Fuller and Norman MacLeod enjoying the fragrance of roses in full bloom during the club's trip to the New York Botanical Garden in June.
Left: each day, over 1,000 commuters pass through the Beacon train station and are greeted with flowers to brighten their day, courtesy of the TGC.

SHAWANGUNK GARDEN CLUB

ULSTER COUNTY

by Deborah W. Stack, President, Shawangunk Garden Club

The theme of the Shawangunk Garden Club's 2018 Yearbook is 'Conservation of Precious Water' and is our contribution to the National Garden Club's 2017-2019 'PLANT AMERICA FOR A CLEANER, GREENER AND HEALTHIER WORLD' project.

Conservation of our most precious resource is paramount to horticulture and life itself. Working conservatively with water also brings us joy in gardening as well as beautification to our homes and community.

Inspiration for this year's Yearbook theme of conserving water came from the many hours club members give to creating, planting, and tending the colorful array of flower gardens surrounding the 'Boy with the Boot' fountain located at Liberty Square in Ellenville. This fountain recycles water daily, thus conserving many gallons of precious village water.

Our programs feature distinguished speakers in the field of water conservation, horticulture, and landscape design to educate club members and guests on how to conserve and use our most precious natural resource wisely.

On April 9, a representative from the Department of Environmental Protection (DEP) was invited to speak about one of the largest water conservation projects in our backyard. He presented a history of the 1930's Rondout Reservoir/Merriman Dam project including the flooding of three villages in the Lackawack Valley as well as the engineering feat of tunnels and aqueducts that feed precious water from our Catskill region to New York City.

On July 9, we invited Horticulturist Carolyn Summers from Flying Trillium Gardens and Preserve in Neversink, to talk to us on how she created water gardens from cow ponds on her 200-acre preserve that was a former dairy farm. We look forward to touring her gardens and preserve next spring.

To complete this year's education on 'Conservation of Precious Water,' we will have presentations by local organic farmers on agricultural water conservation and irrigation as well as a landscape designer.

Barbara Restaino from Restaino Design Landscape Architecture, PC in Grahamsville, will give a presentation on 'Conserving Water in Sustainable Landscapes' at our meeting on October 1, at the Ellenville Public Library & Museum's Community Room at 7p.m. This is an open meeting and the public is invited to attend. Refreshments will be served.

In between learning all we can about conserving water, we managed to keep up with our civic responsibilities such as planting a weeping cherry tree at the 'Boy with the Boot' garden at Liberty Square for Arbor Day, sprucing up the swing bed patio garden at Ellenville Regional Hospital with cheerful flowers for the patients and visitors to enjoy, planting 22 planters that don the sidewalks of the Ellenville business district, and contributing to National Garden Week with creative dish gardens displayed in local businesses.

In May, we went on a club outing to Tea Town Reservation Wildflower Island in Ossining with a guided-tour of incredible wildflowers planted on an island accessible only by a footbridge. In June, we participated in the Ellenville Public Library & Museum's 125th Anniversary Celebration by holding an unjudged Mini-Flower Show in the museum. Club members created floral designs using books to portray the 'Joy of 125 Years of Books and Flowers' while a harpist played beautiful classical background music.

August will be a busy month. On August 6, we are planning a garden tour and box dinner at Country Flowers, a nursery located on a 19th century estate in Napanoch. We have invited the New Paltz Garden Club to join us. There will be a presentation by our Town Historian on the history of the former Pillsbury Estate and a tour of the Victorian cutting garden. On August 11, we will have a booth at the Blueberry Festival, an annual Street Fair in Ellenville. We will sell mums and give out information on water conservation and horticulture.

The Shawangunk Garden Club is busy learning, planting, conserving water and bonding will fellow gardeners as we PLANT AMERICA!



Green And Sustainable: Water Conservation For Home Gardeners

By: *Deborah W. Stack, President, Shawangunk Garden Club*

Conservation of water is paramount to horticulture and life itself. We live in a climate where water accumulation from rain or snow melt is unpredictable and drought is a concern, especially during the summer months. The home gardener can make a huge impact on water conservation by selecting native and/or drought resistant plants, the use of mulch, lawn renovation and maintenance, watering techniques, utilizing storm-water runoff, and composting.

Naturescaping is the practice of using simple techniques that mimic nature so that your garden will thrive without using toxic chemicals, making it a safe and healthy place for children, pets, and wildlife. This method of gardening focuses on using native plants because they are adapted to our soil and climate. They need little or no watering, fertilizing, or care once established. They are also less susceptible to common garden pests and diseases, and they attract a variety of native birds and butterflies by providing food and shelter.

Xeriscaping, derived from the Greek xeros, meaning 'dry,' is a landscape design technique using drought tolerant plants and horticultural approaches that minimize water use. A xeriscape garden groups together plants with similar water needs.

Using mulch around plants keeps the soil moist, decreases surface evaporation, reduces weed growth, and slows erosion. Organic mulches such as bark chips help build nutrients in your soil as they decompose, but need to be renewed on a regular basis.

Lawns can be high consumers of water and maintenance. Consider reducing your lawn area and planting drought resistant perennial plants along the borders of the property. If you wish to keep your lawn area, plant grasses that require less moisture, such as rye grass. Raise your mower deck height and allow the grass clippings to spread while mowing. This will help retain moisture to ensure grass survival during drought or extreme heat. Allow your lawn to go dormant during mid-summer for survival of cool season grasses. If you do need to water the lawn do it between 6 and 8 a.m. when evaporation is at a minimum.

When watering your garden use low pressure/low volume systems such as drip irrigation or soaker hoses, not oscillating sprayers. This allows for less evaporation and more direct watering at the root. Underground water systems should have



rain sensors to prevent unnecessary watering. Also check hoses and outside faucets for leaks and repair as needed.

Utilize storm-water runoff by redirecting downspouts toward your plants or trees from the rooftop. Attach rain barrels to your downspout to collect runoff rain water. Create a rain garden, a man-made depression in your landscape to capture and collect rain water.

Start a compost pile for use when planting to help provide additional water-retaining organic matter. Compost also provides a natural fertilizer with nutrients plants need to thrive.

Working conservatively with water brings us joy in gardening as well as beautification to our homes and community. I hope you will initiate some of these water conservation techniques in your home garden. Happy gardening!

To find out more about this type of gardening, I would like to invite you to attend an open meeting of the Shawangunk Garden Club on Monday, October 1, 2018. Guest speaker Barbara Restaino will give a presentation on 'Conserving Water in Sustainable Landscapes' in the Community Room of the Ellenville Public Library & Museum at 7 p.m. Barbara is owner of Restaino Landscape Architecture, PC in Grahamsville, NY. Refreshments will be served, and there is no charge for attending.

Resources: Cornell University Cooperative Extension, Rockland County, NY; Missouri Botanical Garden, St. Louis, MO.

GARDEN CLUBS OF GREENE-SCHOHARIE

Carole Garvar, Chair

The clubs in this county are all doing wonderful work and I am honored to represent them as County Chair. This year, the County Clubs donated \$120 to the NGC Penny Pines Disaster Relief Fund to assist in replanting forests destroyed by fire and floods. They each continue to contribute to World Gardening irrigation projects on a regular basis.

Athens Community Garden Club: This year, thanks to a generous Grant from The Athens Community Foundation, the club was able to redesign and plant the North and South entrance gardens to Athens Village located on Rt. 385. The gardens were designed by Kurt Parade, a landscape architect from Athens. The gardens feature shrubs and perennial plants designed for easy maintenance. The other garden planted by members, is the Byway Marker at the Veterans Triangle in Athens.

On June 30, garden club members visited The Bronx Botanical Gardens for a guided tour and luncheon. The special event of the day was viewing a display of more than 15 paintings and a lush flower show that explored pioneering American Modern Artist Georgia O'Keeffe's immersion in Hawaii in 1939.

Upcoming events include a trip to Wethersfield Gardens, the Annual Fall Luncheon and Tea party, and a lecture by master gardener Jean Thomas on Daffodils.

On Saturday July 28, the club held its annual Bake Sale at 77 Second Street. This coincided with the Athens Village Garage Sale where bargains and delicious desserts were offered.

Other events include the Annual Landscape and Garden Recognition program where residents are recognized for their efforts to beautify their neighborhoods. A garden of the year is selected and awarded a prize.

On November 29, plan to attend the club's annual Luncheon and Holiday Auction at noon at Pegasus Restaurant in Coxsackie. Contact Laura Erwig, Chairman, at 518-444-8279 for information and reservations. This popular event is open to the public, is always well attended, and lots of fun. It is the major fund raiser for the club and the perfect shopping mecca for handmade gifts and delicious baked goods.

The year ends with members creating holiday swags that will be placed at public sites in the community. Collections for the local food pantry and women's shelter are taken in time for the holidays.

Clematis Garden Club: The club covers the following areas, Greenville, Preston Hollow, Freehold, East Durham, Oak Hill, and Coeymans Hollow. Committees plant public gardens in each one, including two Byway Marker sites.

This past June, the club held a very successful plant sale in the Tops Supermarket parking area. Two parking lots were filled with plants contributed by members grown in their gardens as well as houseplants. Buyers were elated with the variety and bargain prices. Baked goods were also available. This was the club's major fund raiser and raised a record amount. Members are to be congratulated on their gardening skills and hard work.



As always, Clematis Garden Club's annual Spring Gardening Social drew members as well as people from the surrounding area for a program entitled 'Shady Lady' by Amy Ziffer. Delicious finger foods were served and the program was followed by an auction. The club holds this event every year and the public is always invited at no charge. In many cases the event draws new members.

Other programs included a lecture on 'Companion Gardening' by Amy Ritzel, a tour of Barbers Farm in Middleburg, a trip to The Rose Garden and a tour of Jackson's Garden at Union College, and an Annual Picnic and Garden Tour in Oak Hill.

Upcoming events include 'Adventures in Close-up and Macro Garden Photography' by Peter Bowden, 'Show and Tell With Essential Oils' by Leigh Van Swall, and the Annual Holiday Luncheon at the Shamrock House.

The year ends with 'Yes, Virginia there is a Santa Claus' by Amanda Ronconi, a professional actress and orator of audio books. She will entertain the audience with a dramatic reading of the classic story as well as the background of author Francis Pharcellus Church, and how Virginia is connected to our area.

The club continued their Garden of the Month Contest encouraging community members to beautify their areas. Collections are taken for local food pantries as well as nursing home residents.

The Schoharie Valley Garden Club: The club includes the communities of Sharon Springs, Schoharie, Gilboa, Cobleskill/Richmondville, and Middleburgh.

The year opened with a trip to the Butterfly Conservatory in Oneonta. In May, the club held its Annual Flower Show and Tea at the Schoharie Library. Other events that followed were a trip to Storeys Nursery, a visit to The Pruyn House and Gardens in Colonie, with a tour of the house, gardens, barns and schoolhouse. A bus trip to Sight and Sound Theater to see the musical 'Jesus,' which included an overnight stay, shopping at the Lancaster Outlets, Binghamton's Garden, and the Ross Park Zoo.

Upcoming events include 'Making Grapevine Wreaths,' and a trip to the Garden Bug in Amsterdam, followed by lunch.

The club will hold a Garage, Plant, and Bake Sale at 139 Bridge Street on September 8. This annual event is a fund raiser so add it to your calendar and spend the day in picturesque Schoharie Village.

The Holiday Luncheon and Boutique 'Frosty the Snowman!' will be held on December 5, from noon to 4 PM at Highway Springs Farms and Event Barn, 5038 Rte. 30, Schoharie. This event always sells out quickly, so call Agnes Rapoli at 518-872-0250 for reservations. Other activities include decorating a tree at the NYS Power Authority Festival of Trees in Blenheim.

Clubs' Calendar 2018

September 8

Schoharie Valley Garden Club's Garage, Plant, and Bake Sale
139 Bridge St., Schoharie, NY

September 8–9

Germantown Garden Club Flower Show 'Let's Celebrate!'
Palatine Parsonage, 52 Maple Ave., Germantown, NY
9/8: 1–4 pm, 9/9: 1–3 pm

September 11–13

FGCNYS Fall Conference
Radisson Hotel, Corning, NY

September 20

Third District Board Meeting
9:30 a.m., Pegasus Restaurant, Rt. 9W, Coxsackie

October 18

District III Fall Meeting, 'Foliage of Fall'
Best Western Plus, Kingston, NY

October 24–26

Central Atlantic Region of State Garden Clubs, Inc. Fall Conference
Dublin, OH.

November 29

Athens Community Garden Club's Luncheon and Holiday Auction
Pegasus Restaurant, Coxsackie, NY

Plant America Grants: Your Club Can Receive Money for Projects from NGC

The Plant America theme for President Nancy Hargroves's administration emphasizes the cornerstone elements of gardening: the variety of garden types; the elements required for healthy, sustainable gardens; an awareness of environmental issues; and resources to provide needed funds to put garden plans into action. This theme is chosen to help NGC members and the public return to the 'roots' of why most members join garden clubs—to learn about gardening!

National Garden Clubs, Inc. grant program for clubs entitled PLANT AMERICA Community Project Grants has a simple application process. The purpose of the grant program is to provide financial support for new or existing club projects in their respective communities, all across the United States.

Individual garden clubs that are members of National Garden Clubs, Inc. may apply for funds up to \$1,000 for the direct expenses of projects. Clubs that received a PLANT AMERICA grant for 2017–2018 are not eligible to apply. The deadline for applications is October 15, 2018. Recipients of grants will be notified, and all money will be awarded by January 31, 2019. Projects must be completed by February 28, 2020, and final report forms are due by April 1, 2020.

For more information go to www.gardenclub.org/projects/plant-america-community-project-grants.aspx

The Digest Online is published quarterly in February, May, August, and November. Deadlines for submissions are the 15th of the month before each issue (January, April, July, and October). Please note that the February issue will only be focused on the Spring District Meeting.

Please send news of your club's activities, events, and plans—it's a great way to share what you are doing with other clubs. Unlike print newsletters, there is no prohibitive cost factor for using color, so send in your photos. Articles on various gardening and flower arranging topics are especially welcome.

Material for *The Digest* should be sent to Karin Janson via email at kjanson@aol.com.

To access *The Digest*, go to the State website—fgcnys.com—select District III on the home page and then select *Digest Online*.



DISTRICT III, THE FEDERATED GARDEN CLUBS OF NYS, INC.

Presents

FOLIAGE of FALL



A NATIONAL GARDEN CLUB HORTICULTURE SPECIALTY SHOW

**THURSDAY, OCTOBER 18, 2018
BEST WESTERN PLUS KINGSTON
503 WASHINGTON AVENUE
KINGSTON, NY 12401
845-338-0400**

**OPEN TO THE PUBLIC
ADMISSION FREE**

**Member of:
National Garden Clubs, Inc.
Central Atlantic Region
Federated Garden Clubs of New York State
District 3**

GENERAL RULES

1. This is a Standard Flower Show governed by the standards of the National Garden Clubs, Inc.
2. The Handbook for Flower Shows, 2017 rev. ed. is the authority for all issues not covered by the schedule, which is Law of the Show.
3. All horticulture classes are open to any amateur grower. Contact: Lynne Arnold 845-787-5220.
4. Plants named on the New York State list “Protected Native Plants,” cannot be exhibited in competitive classes. Commercially developed cultivars (NOT NATURAL VARIETIES) of plants on the NY list are permitted ONLY when the DISTINGUISHING FEATURE is evident.
5. No artificial plant material is permitted in any class. The emphasis must be on fresh plant material which is never treated, ie. dyed or glittered. It is the responsibility of the Classification Chairmen to ascertain that exhibits conform to schedule requirements. Dried plant materials may be embellished.
6. Entries will be received: Thursday, October: 9am-10am. Entrée cards will be made available at this time.
7. Judging will begin at 11am.
8. Only Classification Chairmen and show chairmen will be allowed in the exhibition rooms during judging.
9. The show will be open to the public: **Thursday, October 18 1– 2 pm.**
10. **Exhibits shall be removed Thursday October 18 2-3pm.**
11. The Flower Show committee will endeavor to care for all exhibits but cannot be responsible for loss or damage.
12. Entry cards are available from entries chairman.

NGC STANDARD SYSTEM OF AWARDING

First Place	Blue Ribbon	Exhibit scoring 90 or above
Second Place	Red Ribbon	Exhibit scoring 85 or above
Third Place	Yellow Ribbon	Exhibit scoring 80 or above
Honorable Mention	White Ribbon	Exhibit scoring 75 or above

HORTICULTURE RULES

1. The NGC Exhibit Policies are printed in the Handbook for Flower Shows, 2017 ed. Chapter 6.
2. Container-grown plants must have been in the exhibitor's possession at least 90 days, except for multiple plantings, which must have been in the exhibitor's possession for at least six weeks. The rules for container-grown and cut specimens are listed in Handbook, chapter 6.
3. All entry cards should be filled out by the exhibitor, in advance if possible, typed, in pencil, or indelible ink. Exhibits will be placed by the Placement Committee except for displays.
4. All specimens should be correctly named, giving genus, species, and cultivar. Common name may be added. Properly named exhibits score higher than unnamed ones of equal quality. Only exhibits properly named are eligible for Top Exhibitor Awards.
5. Classes may be subdivided by genus, species, cultivar, type, size or color at the discretion of the Classification Committee.
6. An exhibitor may make more than one entry per class or sub-class if each is different.
7. Exhibitor provides a clear glass bottle with clear plastic wrap wedging to enhance each entrée.
8. Cut specimens should not have any foliage below the water line.
9. Well-conditioned conifers and deciduous entrees may be shown without water to show the stem as it naturally grows.
10. Pebbles may be used as ballast for heavier exhibits.
11. Scales of points for Horticulture specimens are found in Handbook for Flower Shows, 2017 rvd. ed., pages 129-130.
12. Specimens with a class designation in the schedule may not be entered in the "Any other worthy class."

HORTICULTURE DIVISION AWARDS

National Garden Clubs, Inc.

TOP EXHIBITOR AWARDS

DIVISION AWARD

AWARD OF HORTICULTURE EXCELLENCE

Rosette of Green, Orange and Blue Ribbons

One Award of Horticultural Excellence is offered to an exhibit judged the finest in the entire Horticulture Division. If the exhibit is in a section where a Top Award is offered, it must have won that award to be eligible.

SECTION AWARDS

Exhibit must be a correctly named blue ribbon winner scoring 95 or more points, in a designated section of at least three classes (there is no minimum number of exhibits). If no exhibit meets the requirements, judges must withhold the award.

GROWER'S CHOICE AWARD

Rosette of Dark Green Ribbons

One Grower's Choice Award is offered in a section of container grown plants.

Section C: classes 1-6.

ARBOREAL AWARD

Rosette of Green Ribbons

Arboreal Awards are offered in two sections of tree or shrub branches.

Section A : classes 1--6.

Section B: classes 1--6.

DIVISION I
FOLIAGE”

HORTICULTURE

“FABULOUS FLOWERS AND

Section A: Branches Deciduous“ *Leaves of Beauty*” *Eligible for the Arboreal Award.*

Consultant : Gail Edson

Exhibitor provides clear glass bottle with plastic wrap wedging to enhance the entry.

May exhibit without water if well-conditioned.

Branch must be no longer than 30” with several nodes at apical end.

Each exhibit is one (1) branch.

Class 1: *Acer palmatum*

Class 2: *Acer sp.* (not to include *A. palmatum*)

Class 3: *Ginko sp*

Class 4: *Prunus sp.*

Class 5: Any other attractive fall foliage branch.

Class 6: Any fruited branch

Section B: Branches Evergreen “*Evergreen Beauties*” *Eligible for the Arboreal Award*

Consultant : Camille McComb

Exhibitor provides clear glass bottle with plastic wrap wedging to enhance the entry.

May exhibit without water if well-conditioned.

Branch must be no longer than 30” with several nodes at apical end.

Each exhibit is one (1) branch.

Class 1: *Chamaecyparis obtuse* (Hinoki)

Class 2: *Pinus strobus* (White Pine)

Class 3: *Rhododendron sp.*

Class 4: Any other evergreen branch.

Class 5: *Pyracantha coccinea* (Firethron)

Class 6: Any *other fruited evergreen* branch

Section C: Container Plants “*Beautiful Moves In*”

Eligible for the Grower’s Choice Award

Consultant: Diane Madden

Plants grown for beauty of their foliage and /or flower.

Shown in pots up to 12” inside diameter. Double potting is permitted

Class 1: *Kalanchoe tomentosa*

Class 2 : Any Other Worthy Succulent

Class 3: *Nephrolepis exaltata* (Boston Fern)

Class 4: Any other foliage plant

Class 5: *Saintpaulia grandiflora* (African Violet)

Class 6: Any Other Flowering Plant

Division II Education “ *Fall Coming & Going*”

Eligible for the Education Award.

An education exhibit with a minimum of 18 sq ft Set on table 72” wide, 30’ deep, 30” high

Section A: “*Fall Migrations*”

Exhibit 1: *Moving on or Settling In* - An educational exhibit featuring migrations and/or over-wintering of our native butterflies, moths, insects, amphibians, or reptiles.

Exhibit 2: *Changing Colors* - An educational exhibit explaining the changes in foliage color.

For additional information, please contact the following people.

Lynne Arnold, District III, Judges’ Council Chairman, Federated Garden Clubs of NYS
larnold@ix.netcom.com

Elizabeth Walker, District III, 2nd Assistant Director, Federated Garden Clubs of NYS
eawalker2@gmail.com

Entry cards are available from entries chairman

National Garden Clubs, Inc. provides education, resources, and national networking opportunities for its members to promote the love of gardening, floral design, and civic and environmental responsibility.

Our organization comprises 50 state garden clubs and the National Capital Area, 5,000 member garden clubs, and 175,000 members. Additionally, NGC has 60 national affiliated organizations within the United States and nearly 330 international affiliated organizations with locations ranging around the globe including: Canada, Mexico, South America, Bermuda, South Africa, Australia, and Japan.

SHOW COMMITTEE

District Director	Gary Barrack
Flower Show Chairmen	Lynne Arnold Beth Walker
Awards/Entries	Pat Blundell Erna Gundlach
Classification	Lynne Arnold
Clerks	
Judges	Barbara Campbell
Placement	Gail Edson Nancy Stahl
Properties	Lynne Arnold
Publicity	Merri Lee Lenegar
Schedule	Lynne Arnold Beth Walker
Signage	Reneta Benanati Camille McComb
Staging	Lynne Arnold Carol DeMicco

*All inquiries:

Lynne Arnold 845-787-5220	larnold@ix.netcom.com
Elizabeth Walker	eawalker2@gmail.com

The Judges Council would like to thank the members of the Third District for their leadership and participation in the NGC Horticulture Specialty Show. The Third District of the Federated Garden Clubs of NYS, inc. would like to recognize the Kingston Best Western Plus for their hospitality and support in all endeavors related to our objectives to promote interest in horticulture, conservation and civic beautification.

The Flower Show Chairmen would like to sincerely thank their committee (and their spouses!) for all their time, support and effort contributed to create this excellent show.

FGCNYS SELECTED PROTECTED NATIVE PLANT LIST – March, 2001

<u>Species</u>	<u>Common Name</u>
<i>Arisaema dracontium</i>	Greendragon
<i>Asclepias tuberosa</i>	Butterfly weed, Orange milkweed
<i>Campanula rotundifolia</i>	Harebell, Bluebell of Scotland
<i>Celastrus scandens</i>	American bittersweet
<i>Chimaphila maculata</i> , <i>C. umbellata</i>	Spotted wintergreen, Pipsissewa
<i>Cornus florida</i>	Flowering dogwood
<i>Drosera rotundifolia</i>	Sundew
<i>Epigaea repens</i>	Trailing arbutus, May flower
<i>Euonymus americanwn</i> , <i>E. obovata</i>	Strawberry Bush, Bursting heart, Running Strawberry Bush
<i>Ferns, all native species except Hay Scented, Sensitive and Bracken; including:</i>	
Adiantaceae, Aspleniaceae	Maidenhair, Spleenwort, Lady, Ostrich, Christmas,
Osmundaceae; Polypodiaceae	Cinnamon, Interrupted, Royal, Rock, Common polypody
<i>Gentiana</i> , all native species	Gentians
<i>Ilex</i> , all native species, including:	
<i>I. glabra</i> ; <i>I. opaca</i> ; <i>I. verticillata</i>	Inkberry; American holly; Winter-berry, Black Alder
<i>Kalmia</i> , all native species	Laurel
<i>Lilium</i> , all native species	Canada, Wood, Turk's-cap lilies
<i>Lobelia cardinalis</i>	Cardinal flower
<i>Lycopodium complanatum</i> , <i>L. sitchense</i>	Clubmosses, Princess pine
<i>Malus glaucesens</i>	American crab apple
<i>Mertensia virginica</i>	Virginia bluebell
<i>Myrica pennsylvanica</i>	Bayberry
<i>Opuntia humifusa</i>	Eastern prickly-pear cactus
Orchidaceae, all native species	Lady'slipper, Pogonia, Twayblade, Ladies' tresses, Rattlesnake Plantain orchids
<i>Orontium aquaticum</i>	Golden-club
<i>Panax quinquefolius</i>	Ginseng, Sang
<i>Rhododendron arborescens</i> , <i>R. lapponicum</i> ,	Rhodora, Rosebay, Pinkster azalea, Great Laurel
<i>R. canadense</i> , <i>R. maximum</i> ,	(Rosebay), Swamp azalea, Clammy azalea
<i>R. periclymenoides</i> , <i>R. prinophyllum</i>	
<i>R. viscosum</i>	
<i>Sabatia</i> , all native species	Marsh-pink; Swamp-pink
<i>Sanguinaria canadensis</i>	Blood-root
<i>Sarasenia purpurea</i>	Pitcher-plant
<i>Silene caroliniana</i>	Marsh-pink, Wild pink
<i>Trillium</i> , all native species	Trillium
<i>Viola pedata</i>	Bird's foot violet